



CAREER RENEWAL AND RESILIENCE

Discover methods to increase your career grit
and gain traction in your work search.

In this interactive course, you will learn techniques to help
make significant progress in your work search and career.
Topics include: activities that are helpful in a difficult job
market; identifying your strengths, skills, and
accomplishments; testing the marketplace; neutralizing
adversity and failure; and, networking.



COURSE: PIW 135 | 6 Hours | \$95 + GST
049 | June 4 - 11 | Tuesday | 6 - 9 pm | Main Campus

INSTRUCTOR

Mary-Ann Owens is a Career and
Executive Coach. She has taught at
universities in Calgary and internationally.
She has an MBA, PhD and is a Certified
Corporate Coach. Mary-Ann delivers
high impact workshops on Resilience
Strategies for Your Work Search.

